

ONWARD 65 UPDATE

TOUCHING BASE!

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onward65

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Thought for the month!

Summer is here and it is the time that we all go outside and expand our living space. It is important to take this time and enjoy what nature has to offer. As they say, take time to “smell the roses”. Breath!

Onward...

The time at the Legion continues to be the center focus for volunteering and our local CONTACT Community Services Seniors programs are getting ready for the 2024/25 season. I am assisting here with marketing and providing a Legacy component. I am taking sometime for some of the items on my bucket list and time for me. Enjoy the season and time with the ones you love.

Here is a story from my heart.

I took some time to go back to Ptown to see if it still feels like home and a place that I would like to return to. It was one of the most fulfilling experiences that I have had in a long time. Community is what it is all about and the kindness that you feel in priceless. Thanks to all who filled my heart.

Debra